

Lisa Dungate, Psy.D., M.A. Mental Health Counseling  
Licensed Mental Health Counselor (LMHC)

58 Henry Street • Saratoga Springs, NY 12866

P: 518.581.3180, ext. 306 • F: 518.581.3182 • [www.oneroofsaratoga.com](http://www.oneroofsaratoga.com)

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Updated Office Policy in response to COVID-19

(Dated: 10/2/20)

Please be reassured that I am taking proactive steps to ensure your health and well-being as we navigate the coming months with the coronavirus in the U.S. I will remain supportive through telehealth sessions for the foreseeable future. I continue to work from a home office that provides a completely private, confidential space for me to conduct telehealth sessions with the use of a HIPAA compliant and encrypted telehealth program.

Should you or a family member, or I, evidence any symptoms of illness, we agree to cancel our session, at our earliest convenience, and arrange for a postponed telehealth session. You will certainly not be charged any no-show fee for canceling due to illness, even if it is last-minute, as is consistent with our signed Informed Consent to Treatment on file.

If I am unable to provide timely or crisis support, I will be sure to contact you with the name of a colleague or emergency support who may be available. Should you require support between our sessions, please leave me a phone voicemail and I will be sure to respond at my earliest convenience, within 24 hours. Should you not hear from me in a timely manner, please know to leave me another voicemail and reach out to your local emergency department or Four Winds Saratoga at 518-584-3600.

Should financial hardship become a concern for you, I will be happy to discuss with you a way to bridge support for you so that no unnecessary gaps in your mental health care occur.

Your wellness is my highest priority! I continually educate myself about this virus and any pertinent health or safety issues/protocols required for a return to in-person sessions, once it is safe to do so. It is important that we remain educated, calm, aligned with health, and be as prepared and supportive of one another as possible.

*Be and stay well!*