



WE ARE AVAILABLE TO HELP!

Please note: MASKS MUST BE WORN AT ALL TIMES IN OUR BUILDING AND YOU MUST HAVE AN APPOINTMENT.

At One Roof we are working diligently to assist our community in meeting the many life challenges presented by COVID-19.

Our practitioners are offering **Telehealth** options for treatment in the comfort of home. We treat children, families, couples, and individuals. We offer psychotherapy, Acupuncture, Massage Therapy, Nutritional Counseling, Traditional Chinese Medicine, and more. Limited appointments are also available IN-OFFICE at this time.

Please contact our providers directly for an appointment. Find contact info and services at our website **oneroofsaratoga.com**

We also offer weekly meditations IN PERSON and online via ZOOM and daily Facebook support. We are all going through this challenging time together. One Roof practitioners are committed to serving you, offering hope & solace.

Dr. Selma Nemer & One Roof Practitioners