



## **Here at ONE ROOF: You are our priority!**

*We are proud to implement the following safety measures (and more) for your protection:*

- **Health screening\*** and **no-touch temperature checks** for every person entering our facilities, including staff
- **MASKS required** for anyone entering the building: employees, practitioners and patients
- **Physical distancing** in all areas whenever possible (except during treatments requiring contact - massage, acupuncture)
- **Increased thorough cleaning and disinfection** for all common areas and clinical spaces. Including disinfecting of surfaces between each appointment
- **Frequent hand washing** and/or hand sanitizer use
- **Limited access** to our facility, decreased number of persons in building
  - Decreased number of practitioners in building, TELEHEALTH sessions available
  - Restriction of visitors - Only those with appointments allowed in building
  - No guests may accompany patients
  - No waiting rooms in use, patients go directly from their cars into practitioner's offices
  - Appointments staggered for social distancing, with a goal of no hallway interaction
- **Improved air filtration system:** UV light & media filter added
  - Ultraviolet air cleaners use state-of-the-art ultraviolet (UV) light technology to stop virus reproduction. UV air cleaners also kill mold and bacteria and remove VOCs.
  - A media air cleaner captures up to 98 percent of airborne particles containing bacteria, mold spores, and viruses along with other pollutants including dander, pollen, mold and dust.

**\*How are you feeling today?**

**PLEASE, for everyone's health & safety,**

**do not enter our building if you have any Covid-19 symptoms:**

- **A fever above 100 degrees**, cough, shortness of breath or difficulty breathing, runny nose or sneezing, chills, muscle pain, nausea, vomiting, fatigue, body aches, sore throat, diarrhea or new loss of taste or smell - **OR if you or anyone** in your household has been exposed to COVID-19 or traveled out of state within 14 days