

PRACTITIONER		AVAILABILITY	COUPLES	FAMILIES	KIDS	TEENS	DBT	EMDR	COGNITIVE BEHAVIORAL OR SPECIAL SERVICES	INSURANCES								SLIDING SCALE
DAVIDSON	LYNNE	LIMITED AVAILABILITY	X						*LGBTQA SPECIALTY									
DUNGATE	DR. LISA	FULL, WAIT LIST for adults & couples	X	X	X	X	X	X		PLS CALL TO DISCUSS								
LODICO	DR. ANDREA	COMPLETELY FULL - NO WAIT LIST		(Parents)					X									YES-LIMITED
LOFINK	HEATHER	FULL- NO WAIT LIST					X	X	X				CDPHP		FIDELIS	UHC		
NEMER	DR. SELMA	COMPLETELY FULL AT THIS TIME						X		AETNA	BC/BS	BSNENY	CDPHP			UHC	BeaconHealth/NYSHIP	
SATKOWSKI	HEATHER	FULL-PLEASE EMAIL FOR WAIT LIST							X									
TRUDEAU-BROWN	JENNIFER	FULL-PLEASE CALL FOR WAIT LIST		X	X	X	X	X		PLS CALL TO DISCUSS								
WOLFE	PEPPER	LIMITED AVAILABILITY		PARENTS					*INCLUDES BREATHWORK, YOGA THERAPY & MORE									
Saratoga Stress Reduction Program	Call ext 300 or 307	YES	X	X			Age 15+ w/ parent			AETNA	BC/BS	BSNENY	CDPHP			UHC	BeaconHealth/NYSHIP	YES-LIMITED
KEY:																		
BLUE= SCHEDULE IS FULL at this time - no new patients																		
GREEN= SOME APPOINTMTS AVAIL. - please call practitioner																		