PRACTITIONER		AVAILABILITY	COUPLES	FAMILIES	KIDS	TEENS	DBT	EMDR	COGNITIVE BEHAVIORAL	INSURANCES								SLIDING SCALE
									OR SPECIAL SERVICES									
BONSAL	ROCKY	LIMITED AVAILABILITY							X (see bio for much more!)	AETNA		OXFORD		CIGNA	OSCAR HEALTH	UHC		
									*WELCOMES LGBTQIA+									
DAVIDSON	LYNNE	LIMITED AVAILABILITY	X						*WELCOMES LGBTQIA+									
DUNGATE	DR. LISA	FULL, WAIT LIST for adults & couples	X	X	X	X		X	X	PLS CALL TO DISCUSS								
LOFINK	HEATHER	LIMITED AVAILABILITY					X	X	X				CDPHP		FIDELIS	UHC		
									*MOTIVATIONAL SPORTS SPECIALTY									
NEMER	DR. SELMA	COMPLETELY FULL AT THIS TIME						X		AETNA	BC/BS	BSNENY	CDPHP			UHC	BeaconHealth/NYSHIP	
SATKOWSKI	HEATHER	LIMITED AVAILABILITY							X									
WOLFE	PEPPER	LIMITED AVAILABILITY		PARENTS					*INCLUDES BREATHWORK, YOGA THERAPY & MORE									
Saratoga Stress Reduction Program	Call ext 300 or 307	YES	X	X		Age 15+ w/ parent				AETNA	BC/BS	BSNENY	CDPHP			UHC	BeaconHealth/NYSHIP	YES
KEY:																		
BLUE= SCHEDULE IS FULL at this time - no new patients																		
GREEN= SOME APPOINTMTS AVAIL. - please call practitioner																		