PRACTITIONER		AVAILABILITY	COUPLES	FAMILIES	KIDS	TEENS	DBT	EMDR	COGNITIVE BEHAVIORAL	INSURANCES								SLIDING SCALE
									OR SPECIAL SERVICES									
BONSAL	ROCKY	FULL AT THIS TIME							X (see bio for much more!)	AETNA	EMPIRE BC/BS	OXFORD	CDPHP	CIGNA	OSCAR HEALTH	UHC		
		CHECK BACK IN JULY 2023							*WELCOMES LGBTQIA+									
NEMER	DR. SELMA	COMPLETELY FULL AT THIS TIME						X		AETNA	BC/BS	BSNENY	CDPHP			UHC	BeaconHealth/NYSHIP	
WOLFE	PEPPER	LIMITED AVAILABILITY		PARENTS					*INCLUDES BREATHWORK, YOGA THERAPY & MORE									
KEY:																		
BLUE= SCHEDULE IS FULL at this time - no new patients																		
GREEN= SOME APPOINTMTS AVAIL. - please call practitioner																		